

SUFFOLK TOUR DATES HERTFORDSHIRE

31ST IULY FRAMLINGHAM FOOTBALL **BALDOCK** 14TH AUG 1ST AUG **FRAMLINGHAM** RUGBY BALDOCK 15TH AUG 2ND AUG FOOTBALL STEVENAGE 16TH AUG **LEISTON** 3RD AUG RUGBY 17TH AUG **LEISTON STEVENAGE** 4TH AUG FOOTBALL + RUGBY CAMBRIDGE 18TH AUG **IPSWICH**

BOOK NOW AT WWW.CASTLE-COACHING.CO.UK/SUMMERTOUR

CASTLECOACHINGLTD@GMAIL.COM

We are very excited to announce our very first Football and Rugby Summer Tour for girls and boys aged 5-11! Throughout our tour we will be travelling to 6 different locations in 2 weeks to provide high quality training pop-up days to children in Suffolk and Hertfordshire that have an interest in either Football or Rugby.

Our sessions will be divided into two age groups, our minis (ages 5-7) and our juniors (ages 8-11) to ensure our students get high-quality and age appropriate training eg. tag rugby for minis and introduction to contact in juniors.

Our tour is suitable for both children that have never played the sports and wish to try out something new, and children who already train and wish to come and see what Castle Coaching is all about! We can't wait to get started and look forward to seeing you all there!